

Testimonials

"I appreciate how Michael can easily bring me right to my heart to make monumental shifts in the way I *see* the world, and the way I *be* in the world. I have learned to operate from a place of love, which has truly changed my relationships, my choices, and what I am attracting into my life. He is deeply intuitive, and somehow sees at a level that allows him to laser focus on the issues that will bring about positive change. Michael was born to do this work."

- **L. H.**, Certified Life Coach Littleton, Colorado

"Our residential rehab facility works predominantly with gay people living with HIV/AIDS, meth addiction, and alcoholism. Our residents are skeptical, easily bored, and very resistant to group counseling. Despite this, they take great pains to ensure that they don't miss a session with Michael. It's the *only* group they won't miss. Because so many of my clients have deep trauma issues, I am careful about who I put in front of them. Michael is able to reach into my clients and address their most guarded issues in such a loving way that their fear of exploring those issues just dissolves."

- **B. Wilmoth**, Program Director, Frank's House/Rainbow Bridge Community Services
Los Angeles, California

"I struggled with disease, divorce, abuse, and worse for 25 years. Through Michael's coaching, I have come to feel as though I have finally found my way for the first time in my life. With Michael's support, I changed in appearance, I gained greater clarity around my expectations, and I learned how to set my own boundaries. Michael never once told me how to make my way or find happiness. He never presented a solution to me. He guided me in finding my own way and making my own happiness. I now welcome what this life has in store for me."

- **J. L. Kordich**, Owner and Operator of The Impressionist Redondo Beach, California

"At risk of sounding fanciful, Michael defies and breaks down dichotomous modes of being that dictate much of our existence. In this sense, Michael's practice is revolutionary. His uncanny ability to connect with people is both comforting and challenging, while his intuitiveness is simultaneously unsettling and inspiring. The best word I can use to describe what my work with Michael has given me is *freedom*."

– **J. Moon**, Artist Los Angeles, California

"Michael's group work with the women at our shelter was one of the highlights of the year, for both our clients as well as our agency. Michael's phenomenal energy transformed our clients' self-doubt into confidence, hope, and possibility. His skills enabled our women to feel a sense of self-confidence they had not felt in a long time."

- **E. Karagezian**, Volunteer Coordinator, YWCA Domestic Violence Shelter Glendale, California "My work with Michael is opening up possibilities for a whole new way of being. I feel empowered to make choices from a place of calm and feeling loved and connected, rather than bullying and shaming myself. I'm learning how to cultivate an environment where I can recognize a familiar but long-silenced sound: my own voice, my 'internal guidance system'. I now celebrate myself through acceptance."

- **A. Braden**, Yoga Teacher Los Angeles, California

"The women residents at Friendly House adore Michael! His work helps them find forgiveness and love for themselves after the shame and destruction surrounding drug and alcohol addiction have taken their toll. Michael's personal recovery allows him to authentically connect with the ladies and gain their trust. With his coaching, they rediscover their dignity and learn to see their experiences as tools for building happy, purposeful lives. Michael's dedication, open-hearted approach, and unconditional love have been a blessing to Friendly House. Michael's sessions always leave the women with uplifted spirits, and I can attest that the changes are lasting."

- **Peggy A.**, Executive Director, Friendly House Los Angeles, California

